

Young Women Rise



Inspired Resolutions is providing **FREE** groups for young women and teens who are struggling with mental illness, low motivation, relationship problems, and phase of life issues.

Participants can connect with an experienced female therapist and others struggling with similar issues. There are 2 groups offered:

Group One: ages 13-17 years old

Group Two: ages 18-25 years old

Mondays 8pm-9pm

22880 Savi Ranch Pkwy Suite B
Yorba Linda, Ca 92887

Call: 714-243-5252